Biology Major - Pre-Pharmacy Guide (Pre-Med Option) 2024-25

Document available online at https://ib.oregonstate.edu/undergraduate/advising/college-advising-guide.

The Biology major Pre-Medicine option is designed to allow students interested in medicine, pharmacy, physician assistant and some other professional programs to optimally meet the requirement for their professional goal in the context of their biology major. **This document outlines the requirements for students interested in becoming a pharmacist** (see the other option documents for medicine, physician assistant and dentistry), and the listed courses will meet the prerequisites for most AACP accredited pharmacy schools in the U.S. and abroad. Students should always consult the requirements of all schools to which they plan to apply, and many pharmacy schools will not accept online prerequisite courses (especially those with online labs) or prerequisite classes from study abroad programs.

A 3.0 GPA is required to complete the pre-medical option. Courses used to satisfy option requirements also satisfy the Biology and Society, Organismal Biology, Physiology, Writing Intensive Course (WIC), Physics or Computational and Quantitative Applications and Experiential Learning or Integrative Biology Elective requirements in the biology major. **Previous versions of this option are different and are tracked in MyDegrees. All courses and prerequisites are subject to change, and the listing of terms offered is based on projected Corvallis campus offerings.**

Core Coursework:

| Course | Description (credits) | Term(s) | Pre-requisites | Comments |
|-------------------|---|---------|--------------------------------|--------------------------------------|
| PHAR 201 | Pharmacy Orientation* (1) | W | - | *By approval in place of BI 109 |
| PHAR 210 | Terminology of the Health Sciences (2cr) | F, Sp | - | - |
| PSY 201 & PSY 202 | General Psychology (4cr, 4cr) | All | - | - |
| ECON 201 | Introduction to Microeconomics (4cr) | All | MTH 111 | - |
| PHL/REL 444 | Biomedical Ethics* (4cr) | All* | Sophomore+ for PHL/REL 444 | *BC: Science Technology and Society; |
| | | | | Ecampus all terms but summer |
| BI 319 | Theory, Practice, Discourse Life Sciences (3cr) | All | BI 221, 222, 223 (C-) & ST 351 | - |
| PH 201, 202, 203 | General Physics* (5cr, 5cr, 5cr) | All | MTH 112 (C-) | Taken in order |

Medicine, Health and Society (Select one course from the following):

| Course | Description (credits) | Term(s) | Pre-requisites | Comments |
|----------|--|----------|----------------|---------------------------------|
| ANTH 352 | Anthropology, Health, and Environment* (3cr) | All* | - | *Ecampus only, BC: Contemporary |
| | | | | Global Issues |
| ANTH 374 | Anthropology and Global Health (3cr) | W | | - |
| ANTH 383 | Introduction to Medical Anthropology* (3cr) | Su | - | *BC: Contemporary Global Issues |
| BB 220 | Cancer: Society's Malignant Shadow (3cr) | Sp | BI 221 (C-) | - |
| BB 332 | Molecular Medicine (3cr) | F | - | - |
| BI 175 | Genomes, Identities and Societies (3cr) | ?* | - | *See catalog |
| H 312 | HIV/AIDS and STI's in Modern Society (3cr) | F, W, Sp | - | Sophomore+ |
| H 332 | Climate and Health (3cr) | ?* | - | *See catalog |
| H 333 | Global Public Health (3cr) | W | - | *Ecampus only |
| HSTS 417 | History of Medicine (4cr) | All* | - | Sophomore+, *ecampus only |
| MB 330 | Disease and Society (3cr) | Sp*, Su* | - | *Ecampus only |

Human Anatomy and Physiology:

| Course | Description (credits) | Term(s) | Pre-requisites | Comments |
|-------------------------|---|----------|----------------------------|-------------------------------------|
| BI 331-333 <u>&</u> | Advanced Human A&P (3cr, 3cr, 3cr) | F, W, Sp | BI 221, 222, 223 (C-) & CH | Junior+, must be taken in order and |
| 341-343 | Advanced Human A&P, Lab (2cr, 2cr, 2cr) | F, W, Sp | 233/263 (C-) | together |

Experiential Learning or Biological Science/Psychology Elective Course (select one of two tracks below):

Track I: Select any combination of 3 credits from the following

| Course | Description (credits) | Term(s) | Pre-requisites | Comments |
|-----------------------|--|----------|-------------------------|-----------------------|
| BI 309 <u>OR </u> 409 | Teaching Practicum OR Advanced Practicum (1-3cr) | F, W, Sp | By department approval* | <u>*See form here</u> |
| BI 401 | Research and Scholarship (1-3cr) | All | By department approval* | <u>*See form here</u> |
| BI 410 | Internship (1-3cr) | All | By department approval* | <u>*See form here</u> |

(Track II on Page 2)

Track II: Biological Science/Psychology Elective (Select one course from the following. See second page for more choices.)

| Course | Description (credits) Term(s) Pre-requisites | | Comments | |
|-----------------|--|----------|--|--|
| BB 460 | Advanced Cell Biology (3cr) | Sp | (BB 314 or BB 451 or BB 492) (C-) | - |
| BI 451 | Functional Anatomy of the Human | Su* | BI 331, 332, 333, 341, 342, 343 | *By application only |
| | Muscular System (4cr) | | | |
| BI 485 | Monster Biology (3cr) | W | BI 311, 370* | *Can be concurrent, junior+ |
| BI 495 | Disease Ecology (3cr) | W* | BI 370 (C-) | *Alternate odd years |
| MB 416 | Immunology (3cr) | F | BB 450* or BB 490* | *Can be concurrent, MB 417 lab is optional |
| MB 436 | The Human Microbiome (3cr) | Sp | BB 314 or MB 302 | - |
| MB 480 | General Parasitology (3cr) | F* | BI 221, 222, 223 (C-) | *Ecampus only? |
| NUTR 417 | Human Nutrition Science (4cr) | F | BB 450, BB 451 (C-) | - |
| NUTR 418 | Human Nutrition Science (4cr) | W | BB 450, BB 451 (C-) | - |
| PSY 350 | Human Lifespan Development (4cr) | F, W, Sp | PSY 201, 202 | Sophomore+ |
| PSY 381 | Abnormal Psychology (4cr) | F, W, Sp | PSY 201, PSY 202 | Sophomore+ |
| PSY 433 | Psychopharmacology (4cr) | F, W, Sp | BI 221, 222, 223 | Junior+ |
| TOX 411 | Fundamentals of Toxicology (3cr) | F | (BB 350 or BB 450 or BB 490) | - |
| Z 425 | Genetics and Development (4cr) | F | BI 311, BB 314 | Junior+, |
| Z 438 <u>OR</u> | Behavioral Neurobiology (3cr) OR | Sp | BI 221, 222, 223 (C-), CH 233/263 (C-) | - |
| BB 360 | Introduction to Neuroscience (3cr) | W | BI 221, 222, 223 (C-), CH 233/263 (C-) | - |

Information and Resources:

Applying to Pharmacy School:

Admission Test: Some pharmacy programs require students take the <u>Pharmacy College Admissions Test (PCAT</u>), however the OSU College of Pharmacy does not. OSU Early Assurance Program: OSU undergraduate students are eligible to apply for <u>the Early Assurance Program (EAP</u>), which guarantees an interview for admission to the Pharm.D. program. EAP students have access to Pharmacy faculty, developmental experiences, and other preparation to begin pharmacy school.

Shadowing: and other healthcare experience is a good way to get exposure to the field and to decide if pharmacy is for you. Contact offices and clinics either in Corvallis or at home to see what opportunities are available.

Internships & Volunteering: See the Medical and Health Professions sections of the internships & volunteering list.

International Medical Internships through the <u>OSU study abroad office</u> are great to prepare you for work in a diverse population, improve language and/or crosscultural communication skills, and gain clinical experience through clinic rotations.

Summer Camps: There are many summer camps across the nation aimed at providing participants with opportunities to learn about the profession of pharmacy and the process of becoming an optometrist.

Health Care Careers Enrichment Programs: See the following links for summer programs and searchable databases to search for summer opportunities related to health care or the research field.

- <u>Summer Health Professions Education Program (SHPEP)</u>
- <u>AAMC Summer Programs</u>
- Explore Health Careers Enrichment Programs
- <u>NAAHP Student Opportunities</u>

Study Abroad: Although prerequisite professional school courses should not be done abroad, study abroad is a great opportunity and very feasible for pre-pharmacy students. You can work with your advisor on how to schedule and apply these courses to your degree.

Research Opportunities: <u>Research</u> provides the opportunity to develop analytical and communication skills, an understanding of research methods, and the process of science. For these reasons, it is good preparation for the PCAT and a career in pharmacy.

Leadership: Health profession schools value leadership experiences. There are a variety of ways to gain leadership skills as an undergraduate, including officer roles in student clubs, coordination for organizations (i.e. non- profits and volunteer opportunities), or being a peer mentor for a department or college. What you do is more important that what your title is- be creative. You may also take leadership classes or earn a leadership minor.

Campus Resources:

OSU Pre-Pharmacy Society

Additional Resources:

American Association of Colleges of Pharmacy American Pharmacist Association American Society of Health System Pharmacists Pharmacy For Me (is Pharmacy Right for Me?) Pharmacy College Application System (PHARMCAS) OSU College of Pharmacy